



Waffles

A thin layer of organic honey filling sandwiched between two thin waffles.

For years, similar waffles have been sold on street corners throughout Europe and eaten by professional cyclists, so we decided to create our own organic version utilizing honey, nature's performance fuel. Honey Stinger Waffles are easy on the stomach, taste delicious, and come in a single-serving wrapper for sustained energy on the go.



Nutrition Facts	
16 servings per container	
Serving size 1 Waffle (30g)	
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	2%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	3%
Total Sugars 11g	
Includes 11g Added Sugars	20%
Protein 1g	
Vitamin D 0mg 0%	Calcium 10mg 0%
Iron 0.5mg 2%	Potassium 30mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HONEY

Ingredients: Organic wheat flour, organic palm fruit oil, organic brown rice syrup, organic sugar, organic honey, organic eggs, organic soy flour, sea salt, soy lecithin, organic rice extract, baking soda. **Contains wheat, soy, and egg. May contain traces of milk.**



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VANILLA

Ingredients: Organic wheat flour, organic palm fruit oil, organic brown rice syrup, organic sugar, organic eggs, organic soy flour, sea salt, organic honey, natural flavor, soy lecithin, organic rice extract, baking soda. **Contains wheat, soy, and egg. May contain traces of milk.**



Nutrition Facts	
16 servings per container	
Serving size 1 Waffle (30g)	
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 5g	13%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	2%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	3%
Total Sugars 11g	
Includes 11g Added Sugars	20%
Protein 1g	
Vitamin D 0mg 0%	Calcium 10mg 0%
Iron 0.5mg 2%	Potassium 30mg 0%

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CHOCOLATE

Ingredients: Organic wheat flour, organic palm fruit oil, organic brown rice syrup, organic sugar, organic soy flour, organic cocoa, organic eggs, natural flavor, vanilla extract, sea salt, organic honey, baking soda, soy lecithin, organic rice extract. **Contains wheat, soy, and egg. May contain traces of milk.**



SRP \$1.49

	ITEM	DESCRIPTION	UPC	2021 PRICES	QUANTITIES	DIMENSIONS WxHxD	GROSS WEIGHT	NET WEIGHT	CUBES
Waffle - 1.06 oz Waffle MSRP \$1.49 ea Shelf Life: 12 Months	74019	Honey	Unit: 810815021035 Caddy: 810815021042 Master: 810815021059	FOB Wholesale: \$13.12 Standard LTL Landed: \$13.60 Standard Landed: \$14.24	Units/Caddy: 16 Caddies/Master: 12 Masters/Layers per Pallet: 12/6 Master/Pallet: 72	Unit: 3.46" x 4.75" x .34" Caddy: 3.62" x 2.87" x 8.75" Master: 7.5" x 9" x 17.5"	Unit: 1.06 oz Caddy: 1.3 lbs Master: 16.15 lbs	Unit: 1.06 oz Caddy: 1.06 lbs Master: 12.72 lbs	Sell Case: 0.053 Master Case: 0.69
	74116	Vanilla	Unit: 810815021097 Caddy: 810815021103 Master: 810815021110	FOB Wholesale: \$13.12 Standard LTL Landed: \$13.60 Standard Landed: \$14.24	Units/Caddy: 16 Caddies/Master: 12 Masters/Layers per Pallet: 12/6 Master/Pallet: 72	Unit: 3.46" x 4.75" x .34" Caddy: 3.62" x 2.87" x 8.75" Master: 7.5" x 9" x 17.5"	Unit: 1.06 oz Caddy: 1.3 lbs Master: 16.15 lbs	Unit: 1.06 oz Caddy: 1.06 lbs Master: 12.72 lbs	Sell Case: 0.053 Master Case: 0.69
	74316	Chocolate	Unit: 810815021127 Caddy: 810815021134 Master: 810815021141	FOB Wholesale: \$13.12 Standard LTL Landed: \$13.60 Standard Landed: \$14.24	Units/Caddy: 16 Caddies/Master: 12 Masters/Layers per Pallet: 12/6 Master/Pallet: 72	Unit: 3.46" x 4.75" x .34" Caddy: 3.62" x 2.87" x 8.75" Master: 7.5" x 9" x 17.5"	Unit: 1.06 oz Caddy: 1.3 lbs Master: 16.15 lbs	Unit: 1.06 oz Caddy: 1.06 lbs Master: 12.72 lbs	Sell Case: 0.053 Master Case: 0.69