

Say Hello to Whoa Dough!



THE SWEET, THE SALT, THE SATISFACTION, WHOA!

Get ready! Whoa Dough is the amazing gluten free, plant based, non-gmo, dairy free, egg free, soy free, no artificial flavor having, protein delivering, happy-inducing, craving crushing, health conscious cookie dough bar! And, YES, they're VEGAN. Learn more about our brand at whoadough.com #WhoaDough



SALES@WHOADOUGH.COM | (440) 299-7894



REAL COOKIE DOUGH BARS. REAL INGREDIENTS.



Scan to visit our website!

Made in USA



SPRINKLE SUGAR COOKIE DOUGH

Smart Snacks Approved!

.50 GRAIN CREDITS

Nutrition Facts

10 servings per container
Serving size 1 Bar (45g)

Amount Per Serving	Calories	160
		% Daily Value*
Total Fat 5g		6%
Saturated Fat 1.5g		8%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 45mg		2%
Total Carbohydrate 30g		11%
Dietary Fiber 3g		11%
Total Sugars 10g		
Includes 8g Added Sugars		16%

Protein 4g		
Vitamin D 0mcg		0%
Calcium 8mg		0%
Iron 1mg		6%
Potassium 49mg		2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: GF Flour Blend (GF Whole Grain Oat Flour, Chickpea Flour), Allulose, Cane Sugar, Palm Oil*, Sprinkles (Sugar, palm and palm kernel oil, corn starch, sunflower lecithin, vegetable juice, annatto extract, spirulin extract, paprika oleoresin, turmeric, beta-carotene, maltodextrin, carnauba wax, cellulose gum), Chickpea Protein, Soluble Tapioca Fiber, Brown Sugar, Natural Flavors, Corn Starch, Sea Salt.

Contains: No Allergens
Manufactured in a facility that also processes milk, soy, tree nuts, egg and peanut.
*Sustainably Sourced



60CT
Net Wt. 95.22 OZ
(2700g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



PEANUT BUTTER COOKIE DOUGH

Smart Snacks Approved!

.50 GRAIN CREDITS

Nutrition Facts

10 servings per container
Serving size 1 Bar (45g)

Amount Per Serving	Calories	140
		% Daily Value*
Total Fat 4g		5%
Saturated Fat 0.5g		3%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 70mg		3%
Total Carbohydrate 30g		11%
Dietary Fiber 4g		14%
Total Sugars 7g		
Includes 7g Added Sugars		14%

Protein 5g		
Vitamin D 0mcg		0%
Calcium 15mg		2%
Iron 1mg		6%
Potassium 168mg		4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: GF Flour Blend (GF Whole Grain Oat Flour, Chickpea Flour, Peanut Flour), Allulose, Brown Sugar, Peanut Butter, Soluble Tapioca Fiber, Natural Vanilla Flavor, Sea Salt.

Contains: Peanuts and Almonds
Manufactured in a facility that also processes milk, soy, tree nuts, egg and peanut.



60CT
Net Wt. 95.22 OZ
(2700g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



BROWNIE BATTER

.50 GRAIN CREDITS

Nutrition Facts

10 servings per container
Serving size 1 Bar (45g)

Amount Per Serving	Calories	170
		% Daily Value*
Total Fat 6g		8%
Saturated Fat 3g		15%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 55mg		2%
Total Carbohydrate 34g		12%
Dietary Fiber 5g		18%
Total Sugars 10g		
Includes 10g Added Sugars		20%

Protein 4g		
Vitamin D 0mcg		0%
Calcium 18mg		2%
Iron 2mg		10%
Potassium 169mg		4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: GF Flour Blend (GF Whole Grain Oat Flour, Chickpea Flour), Allulose, Semi Sweet Chocolate Chips (sugar, unsweetened chocolate, cocoa butter), Brown Sugar, Cocoa Powder (Alkalized), Palm Oil*, Soluble Tapioca Fiber, Chickpea Protein, Natural Vanilla Flavor, Sea Salt.

Contains: No Allergens
Manufactured in a facility that also processes milk, soy, tree nuts, egg and peanut.
*Sustainably Sourced



60CT
Net Wt. 95.22 OZ
(2700g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



PEANUT BUTTER CHOCOLATE CHIP COOKIE DOUGH

Smart Snacks Approved!

.50 GRAIN CREDITS

Nutrition Facts

10 servings per container
Serving size 1 Bar (45g)

Amount Per Serving	Calories	150
		% Daily Value*
Total Fat 5g		6%
Saturated Fat 1.5g		8%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 65mg		3%
Total Carbohydrate 30g		11%
Dietary Fiber 4g		14%
Total Sugars 9g		
Includes 9g Added Sugars		18%

Protein 5g		
Vitamin D 0mcg		0%
Calcium 15mg		2%
Iron 1mg		6%
Potassium 165mg		4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: GF Flour Blend (GF Whole Grain Oat Flour, Chickpea Flour, Peanut Flour), Allulose, Peanut Butter, Brown Sugar, Semi Sweet Chocolate Chips (sugar, unsweetened chocolate, cocoa butter), Soluble Tapioca Fiber, Natural Vanilla Flavor, Sea Salt.

Contains: Peanuts and Almonds
Manufactured in a facility that also processes milk, soy, tree nuts, egg and peanut.



60CT
Net Wt. 95.22 OZ
(2700g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



SUGAR COOKIE DOUGH

.75 GRAIN CREDITS

Nutrition Facts

10 servings per container
Serving size 1 Bar (45g)

Amount Per Serving	Calories	170
		% Daily Value*
Total Fat 5g		6%
Saturated Fat 2g		10%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 55mg		2%
Total Carbohydrate 33g		12%
Dietary Fiber 3g		11%
Total Sugars 10g		
Includes 10g Added Sugars		20%

Protein 5g		
Vitamin D 0mcg		0%
Calcium 10mg		0%
Iron 1mg		6%
Potassium 59mg		2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: GF Flour Blend (GF Whole Grain Oat Flour, Chickpea Flour), Allulose, Cane Sugar, Palm Oil*, Chickpea Protein, Soluble Tapioca Fiber, Brown Sugar, Natural Flavors, Corn Starch, Sea Salt.

Contains: No Allergens
Manufactured in a facility that also processes milk, soy, tree nuts, egg and peanut.
*Sustainably Sourced



60CT
Net Wt. 95.22 OZ
(2700g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



CHOCOLATE CHIP COOKIE DOUGH

.50 GRAIN CREDITS

Nutrition Facts

10 servings per container
Serving size 1 Bar (45g)

Amount Per Serving	Calories	150
		% Daily Value*
Total Fat 5g		6%
Saturated Fat 2.5g		13%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 50mg		2%
Total Carbohydrate 30g		11%
Dietary Fiber 3g		11%
Total Sugars 9g		
Includes 9g Added Sugars		18%

Protein 4g		
Vitamin D 0mcg		0%
Calcium 14mg		2%
Iron 1mg		6%
Potassium 72mg		2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: GF Flour Blend (GF Whole Grain Oat Flour, Chickpea Flour), Allulose, Semi Sweet Chocolate Chips (sugar, unsweetened chocolate, cocoa butter), Brown Sugar, Palm Oil*, Chickpea Protein, Soluble Tapioca Fiber, Natural Flavors, Sea Salt.

Contains: No Allergens
Manufactured in a facility that also processes milk, soy, tree nuts, egg and peanut.
*Sustainably Sourced



60CT
Net Wt. 95.22 OZ
(2700g) @



10CT CARTON
Net Wt. 15.87 OZ
(450g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @



4CT CARTON
Net Wt. 6.40 OZ
(181g) @