



## TRADITIONS

What you put into your body matters, for the longevity of your health and the health of the planet. That's why we're proud to have planted our roots in sustainable protein more than 125 years ago. Inspired by the health-conscious community of Loma Linda, California, we're here to share the virtues of plant-based, sustainable eating. That means using nutrient-rich ingredients that don't compromise our land's resources and make it easy to feed your family delicious, good for you foods.





# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Big Franks, 15 oz. *Vegan*



**INGREDIENTS - FRANKS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), CORN OIL, WATER, TORULA YEAST. CONTAINS 2% OR LESS OF DEFATTED WHEAT GERM, DEFATTED SOY FLOUR, DRIED ONION, MONO- AND DIGLYCERIDES FROM SOYBEAN OIL, SALT, HYDROLYZED SOY PROTEIN, GARLIC POWDER, AUTOLYZED YEAST EXTRACT, HYDROLYZED CORN PROTEIN, SOY LECITHIN, CARAMEL COLOR, NATURAL SMOKE FLAVOR, L-LYSINE MONOHYDROCHLORIDE, SPICES, CONCENTRATED ONION JUICE, NATURAL FLAVORS FROM NON-MEAT SOURCES, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), PROPYLENE GLYCOL, SOYBEAN OIL, RED #3 FOR COLOR.  
**BRINE:** WATER, SALT.  
**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
6 servings per container	
Serving size 1 Frank (51 g)	
Amount Per Serving	
<b>Calories</b>	<b>90</b>
<b>% Daily Value*</b>	
Total Fat 5 g	4%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polysaturated Fat 3.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0 mg	0%
Sodium 280 mg	12%
Total Carbohydrate 3 g	1%
Dietary Fiber 1 g	8%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 9 g	18%
Vitamin D 0 mcg	0%
Calcium 1 mg	0%
Iron 1.0 mg	6%
Potassium 77 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Chili, 20 oz. *Vegetarian*



**INGREDIENTS - WATER, BEANS (RED BEANS AND/OR PINTO BEANS), WHEAT GLUTEN, TOMATO PASTE (TOMATOES, SALT), TEXTURED SOY PROTEIN, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, JALAPENO (JALAPENO PEPPER, VINEGAR, SALT, NATURAL FLAVORS), CHILI, SOYBEAN OIL, SUGAR, GREEN BELL PEPPER, CUMIN POWDER, RED BELL PEPPER, ONION FLAVOR (MALTODEXTRIN, SALT, SUNFLOWER OIL, MAGNESIUM CARBONATE), DRIED ONION, XANTHAN GUM, CHILI POWDER, GARLIC FLAVOR (MALTODEXTRIN, SALT, SUNFLOWER OIL, MAGNESIUM CARBONATE), MONOSODIUM GLUTAMATE, HYDROLYZED SOY PROTEIN, HYDROLYZED CORN PROTEIN, CARAMEL COLOR, BEEF FLAVOR (MALTODEXTRIN, NATURAL FLAVORS, SILICON DIOXIDE), AUTOLYZED YEAST EXTRACT, GARLIC POWDER, PAPRIKA OLEORESIN, SPICES, DEXTROSE, CORN SYRUP, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), CORN OIL, DISODIUM INOSINATE, DISODIUM GUANYLATE.  
**CONTAINS WHEAT AND SOY.****

Nutrition Facts	
About 2.5 servings per container	
Serving size 1 Cup (230 g)	
Amount Per Serving	
<b>Calories</b>	<b>280 690</b>
<b>%DV*</b>	
Total Fat 10 g	13% 25 g 32%
Saturated Fat 1.5 g	8% 4 g 18%
Trans Fat 0 g	0 g
Polysaturated Fat 7 g	17 g
Monounsaturated Fat 1.5 mg	0 mg
Cholesterol 0 mg	0% 0 mg 0%
Sodium 1130 g	49% 2780 g 121%
Total Carbohydrate 25 g	9% 62 g 23%
Dietary Fiber 8 g	29% 20 g 71%
Total Sugars 3 g	7 g
Incl. Added Sugars 3 g	6% 7 g 14%
Protein 24 g	48% 59 g 118%
Vitamin D 0 mcg	0% 0 mcg 0%
Calcium 52 mg	4% 130 mg 10%
Iron 3.6 mg	20% 9 mg 45%
Potassium 330 mg	8% 810 mg 20%

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## LOMA LINDA®

Choplets®, 13 oz. *Low Fat, Vegetarian*



**INGREDIENTS - CHOPLETS:** TEXTURIZED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), CARAMEL COLOR. BROTH: WATER, HYDROLYZED SOY, CORN AND WHEAT PROTEIN, AUTOLYZED YEAST EXTRACT, SALT, DEXTROSE, CORN OIL, CARAMEL COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, SOYBEAN OIL.  
**CONTAINS WHEAT AND SOY.**

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
<b>Total Fat</b> 1 g	<b>1%</b>	<b>Sodium</b> 500 g	<b>22%</b>
Saturated Fat 0 g	0%	<b>Total Carb.</b> 4 g	<b>1%</b>
Trans Fat 0 g		Dietary Fiber 2 g	7%
Polysaturated Fat 0.5 g		Total Sugars 0 g	
Monounsaturated Fat 0 g		Incl. 0 g Added Sugars	0%
Cholesterol 0 mg	0%	<b>Protein</b> 18 g	<b>36%</b>

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## LOMA LINDA®

Diced Chik®, 13 oz. *Low Fat, Vegetarian*



**INGREDIENTS - CHUNKS:** TEXTURIZED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, WATER FOR HYDRATION), EGG WHITES, CORN STARCH. CONTAINS 2% OR LESS OF DEXTROSE, SALT, POTASSIUM CHLORIDE, NATURAL AND ARTIFICIAL FLAVORS FROM NON-MEAT SOURCES, DISODIUM INOSINATE, HYDROLYZED SOY PROTEIN, MODIFIED CORN STARCH, GUAR GUM, ONION POWDER, WHEAT FIBER, SOYBEAN OIL\*\* CARRAGEENAN, CELERY EXTRACT, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMINE MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), LACTIC ACID, NONFAT DRY MILK. BROTH: WATER, HYDROLYZED WHEAT GLUTEN, CORN GLUTEN, SOY PROTEIN, GUAR GUM, SALT. \*\*ADDS A NEGLIGIBLE AMOUNT OF FAT.

**CONTAINS WHEAT, SOY, MILK AND EGG**

Nutrition Facts	
4 servings per container	
Serving size 1/4 Cup Drained (55 g)	
<b>Calories</b>	<b>50</b>
<b>% Daily Value*</b>	
Total Fat 0 g	0% 0 g 0%
Saturated Fat 0 g	0% 0 g 0%
Trans Fat 0 g	0% 0 g 0%
Polysaturated Fat 0 g	0% 0 g 0%
Monounsaturated Fat 0 g	0% 0 g 0%
Cholesterol 0 mg	0% 0 mg 0%
Sodium 220 g	10%
Total Carb. 2 g	1%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Incl. 0 g Added Sugars	0%
Protein 9 g	18%

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## LOMA LINDA®

FriChik®, 12.5 oz. *Vegetarian*



**INGREDIENTS - FRICHIK:** TEXTURIZED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, WATER FOR HYDRATION), WATER, SOYBEAN OIL, EGG WHITES, CORN OIL. CONTAINS 2% OR LESS OF SALT, DEXTROSE, CORN STARCH, POTASSIUM CHLORIDE, DISODIUM INOSINATE, PHOSPHORIC ACID, HYDROLYZED SOY PROTEIN, MODIFIED CORN STARCH, GUAR GUM, BAKING POWDER (CORN STARCH, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), ONION POWDER, CARRAGEENAN, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, WHEAT FIBER, NONFAT DRY MILK. BROTH: WATER, MODIFIED CORN STARCH, HYDROLYZED WHEAT GLUTEN, CORN GLUTEN, SOY PROTEIN, SALT, PHOSPHORIC ACID.  
**CONTAINS WHEAT, SOY, MILK AND EGG**

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
<b>Total Fat</b> 8 g	<b>10%</b>	<b>Sodium</b> 430 g	<b>18%</b>
Saturated Fat 1 g	5%	<b>Total Carb.</b> 3 g	<b>1%</b>
Trans Fat 0 g		Dietary Fiber 1 g	4%
Polysaturated Fat 5 g		Total Sugars 0 g	
Monounsaturated Fat 2 g		Incl. 0 g Added Sugars	0%
Cholesterol 0 mg	0%	<b>Protein</b> 12g	<b>24%</b>

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## LOMA LINDA®

Fried Chik'n With Gravy, 13 oz. *Vegetarian*



**INGREDIENTS - FRICHIK:** TEXTURIZED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, WATER FOR HYDRATION), WATER, SOYBEAN OIL, EGG WHITES, CORN OIL. CONTAINS 2% OR LESS OF SALT, DEXTROSE, CORN STARCH, POTASSIUM CHLORIDE, DISODIUM INOSINATE, PHOSPHORIC ACID, HYDROLYZED SOY PROTEIN, MODIFIED CORN STARCH, GUAR GUM, BAKING POWDER (CORN STARCH, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), ONION POWDER, CARRAGEENAN, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, WHEAT FIBER, NONFAT DRY MILK. BROTH: WATER, MODIFIED CORN STARCH, HYDROLYZED WHEAT GLUTEN, CORN GLUTEN, SOY PROTEIN, SALT, PHOSPHORIC ACID.  
**CONTAINS WHEAT, SOY, MILK AND EGG**

Nutrition Facts	
2.5 servings per container	
Serving size 2 Pieces (80 g)	
<b>Calories</b>	<b>150</b>
<b>% Daily Value*</b>	
Total Fat 10 g	13% 25 g 32%
Saturated Fat 1.5 g	8% 4 g 18%
Trans Fat 0 g	0 g
Polysaturated Fat 5 g	17 g
Monounsaturated Fat 2.5 g	0 mg
Cholesterol 0 mg	0% 0 mg 0%
Sodium 430 g	18%
Total Carb. 5 g	2%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Incl. 0 g Added Sugars	0%
Protein 12g	24%

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# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Linketts®, 15 oz. *Vegan*



**INGREDIENTS - LINKETT:** WATER, TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), CORN OIL, WATER, TORULA YEAST. CONTAINS 2% OR LESS OF MONO- AND DIGLYCERIDES FROM SOYBEAN OIL, DEFAATTED SOY FLOUR, SOY LECITHIN, HYDROLYZED SOY PROTEIN, L-LYSINE MONO-HYDROCHLORIDE, HYDROLYZED CORN PROTEIN, ONION POWDER, CARAMEL COLOR, NATURAL SMOKE FLAVOR, GARLIC POWDER, CORN SYRUP, PROPYLENE GLYCOL, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), RED #3 FOR COLOR, YELLOW #6 FOR COLOR.

**BRINE:** WATER, SALT.  
**CONTAINS WHEAT AND SOY.**

### Nutrition Facts

8 servings per container  
Serving size 1 Linkett (35 g)

Amount Per Serving  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 4 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 2.5 g	
Monounsaturated Fat 1 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 160 mg	7%
<b>Total Carbohydrate</b> 1 g	0%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 6 g	12%
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 0 mg	0%

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## LOMA LINDA®

Little Links, 15 oz. *Vegan*



**INGREDIENTS - LINKS:** WATER, WHEAT GLUTEN, CORN OIL, DEFAATTED WHEAT GERM, TORULA YEAST, RICE FLOUR. CONTAINS 2% OR LESS OF DEFAATTED SOY FLOUR, POTATO FLAKES, ONION POWDER, HYDROLYZED SOY PROTEIN, SALT, OAT FLOUR, CARAMEL COLOR, SOY LECITHIN, WHEAT FLOUR, GARLIC POWDER, L-LYSINE MONOHYDROCHLORIDE, SOY PROTEIN ISOLATE, SPICES, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL SMOKE FLAVOR.

**BRINE:** WATER, SALT.  
**CONTAINS WHEAT AND SOY.**

### Nutrition Facts

5 servings per container  
Serving size 2 Links (46 g)

Amount Per Serving  
**Calories 90**

	% Daily Value*
<b>Total Fat</b> 5 g	8%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 3 g	
Monounsaturated Fat 1.5 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 250 mg	10%
<b>Total Carbohydrate</b> 3 g	1%
Dietary Fiber 2 g	8%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 8 g	16%
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 20 mg	0%

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## LOMA LINDA®

Nutolene, 15 oz. *Vegan, Non-GMO, Gluten Free*



**INGREDIENTS (VEGAN):** WATER, PEANUTS, CONTAINS 2% OR LESS OF SALT, MINERALS (ZINC, IRON), VITAMIN B12.  
**CONTAINS: PEANUTS.**  
**MAY CONTAIN: SOY, WHEAT.**

### Nutrition Facts

about 5 servings per container  
Serving size 2 slices (85g)

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 20g	26%
Saturated Fat 2.5g	13%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 280mg	12%
<b>Total Carbohydrate</b> 3g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g of Added Sugars	0%
<b>Protein</b> 11g	22%
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 3mg	15%
Potassium 240mg	5%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Low Fat Big Franks, 15 oz. *Low Fat, Vegan*



**INGREDIENTS - FRANKS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), WATER, TORULA YEAST, CORN OIL. CONTAINS 2% OR LESS OF DEFAATTED WHEAT GERM, DEFAATTED SOY FLOUR, DRIED ONION, GARLIC POWDER, HYDROLYZED SOY PROTEIN, SALT, AUTOLYZED YEAST EXTRACT, HYDROLYZED CORN PROTEIN, CARAMEL COLOR, NATURAL SMOKE FLAVOR, L-LYSINE MONOHYDROCHLORIDE, SPICES, MONO- AND DIGLYCERIDES FROM SOYBEAN OIL, CONCENTRATED ONION JUICE, SOY LECITHIN, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), PROPYLENE GLYCOL, SOYBEAN OIL, RED #3 FOR COLOR.

**BRINE:** WATER, SALT.

**CONTAINS WHEAT AND SOY.**

### Nutrition Facts

6 servings per container  
Serving size 1 Frank (51 g)

Amount Per Serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 2.5 g	<b>3%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
Polysaturated Fat 1.5 g	
Monounsaturated Fat 0.5 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 240 mg	<b>10%</b>
<b>Total Carbohydrate</b> 3 g	<b>1%</b>
Dietary Fiber 2 g	<b>7%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 12 g	<b>24%</b>
Vitamin D 0 mcg	<b>0%</b>
Calcium 0 mg	<b>0%</b>
Iron 0.72 mg	<b>4%</b>
Potassium 47 mg	<b>1%</b>

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## LOMA LINDA®

Low Fat FriChik®, 13 oz. *Low Fat, Vegetarian*



**INGREDIENTS - FRICHIK:** TEXTURED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, WATER FOR HYDRATION), EGG WHITES, CORN OIL. CONTAINS 2% OR LESS OF CORN STARCH, SALT, DEXTROSE, POTASSIUM CHLORIDE, DISODIUM INOSINATE, PHOSPHORIC ACID, MODIFIED CORN STARCH, HYDROLYZED SOY PROTEIN, GUAR GUM, BAKING POWDER (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), ONION POWDER, CARRAGEENAN, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, SOYBEAN OIL, WHEAT FIBER, NONFAT DRY MILK.

**BROTH:** WATER, MODIFIED CORN STARCH, HYDROLYZED WHEAT GLUTEN, CORN GLUTEN, SOY PROTEIN, SALT, PHOSPHORIC ACID.

**CONTAINS WHEAT, SOY, MILK AND EGG**

	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	
<b>Nutrition Facts</b>					
<b>Total Fat</b> 2.5 g		<b>3%</b>	<b>Sodium</b> 400 g	<b>17%</b>	
Saturated Fat 0.5 g			<b>Total Carb.</b> 4 g	<b>1%</b>	
Trans Fat 0 g			Dietary Fiber 0 g	<b>0%</b>	
Polysaturated Fat 1.5 g			Total Sugars 0 g		
Monounsaturated Fat 0.5 g			Incl. 0 g Added Sugars	<b>0%</b>	
<b>Cholesterol</b> 0 mg		<b>0%</b>	<b>Protein</b> 12 g	<b>24%</b>	
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## LOMA LINDA®

Low Fat Veja Links®, 15 oz. *Low Fat, Vegetarian*



**INGREDIENTS - LINKS:** WATER, EGG WHITES, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, WHEAT GLUTEN, WATER FOR HYDRATION), SOYBEAN OIL, CORN SYRUP SOLIDS, SALT. CONTAINS 2% OR LESS OF OAT FLOUR, CORN STARCH, GUAR GUM, YEAST EXTRACT, SODIUM ALGINATE, SPICES, DISODIUM INOSINATE, NATURAL SMOKE FLAVOR, PAPRIKA COLOR, CARAMEL COLOR, SUGAR, DEXTROSE, GARLIC POWDER, NATURAL FLAVORS FROM NON-MEAT SOURCES, CARRAGEENAN, DISODIUM GUANYLATE, HYDROLYZED SOY PROTEIN, SPICE EXTRACTIVES, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), WHEAT FIBER, RED #3 FOR COLOR, NONFAT DRY MILK.

**BROTH:** WATER, SALT, HYDROLYZED SOY PROTEIN, NATURAL SMOKE FLAVOR, CARAMEL COLOR, RED #3 FOR COLOR.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

### Nutrition Facts

7 servings per container  
Serving size 1 Link (31 g)

Amount Per Serving  
**Calories 45**

	% Daily Value*
<b>Total Fat</b> 1.5 g	<b>2%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
Polysaturated Fat 1 g	
Monounsaturated Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 220 mg	<b>10%</b>
<b>Total Carbohydrate</b> 3 g	<b>1%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 5 g	<b>10%</b>
Vitamin D 0 mcg	<b>0%</b>
Calcium 0 mg	<b>0%</b>
Iron 1.08 mg	<b>6%</b>
Potassium 20 mg	<b>0%</b>

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## LOMA LINDA®

Prime Stakes®, 13 oz. *Vegetarian*



**INGREDIENTS - PRIME STAKES:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), WATER, CORN OIL, SOYBEAN OIL, POTATO FLOUR, EGG WHITES. CONTAINS 2% OR LESS OF SALT, HYDROLYZED SOY PROTEIN, WHEAT GLUTEN, CORN GLUTEN, SODIUM CASEINATE, OAT FLOUR, MODIFIED TAPIOCA STARCH, DEXTROSE, CARAMEL COLOR, DRIED ONION, AUTOLYZED YEAST EXTRACT, CORN STARCH, SPICES, MODIFIED CORN STARCH, GUAR GUM, ONION POWDER, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMINE MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, CARRAGEENAN, WHEAT FIBER. **GRAVY:** WATER, MODIFIED CORN STARCH, WHEAT FLOUR, HYDROLYZED CORN GLUTEN, SOY PROTEIN, WHEAT GLUTEN, SALT, AUTOLYZED YEAST EXTRACT, CARAMEL COLOR.

**CONTAINS WHEAT, SOY, MILK AND EGG**

	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	
<b>Nutrition Facts</b>					
<b>Total Fat</b> 6 g		<b>8%</b>	<b>Sodium</b> 440 g	<b>19%</b>	
Saturated Fat 1 g		<b>5%</b>	<b>Total Carb.</b> 7 g	<b>3%</b>	
Trans Fat 0 g			Dietary Fiber 1 g	<b>4%</b>	
Polysaturated Fat 3 g			Total Sugars 0 g		
Monounsaturated Fat 1.5 g			Incl. 0 g Added Sugars	<b>0%</b>	
<b>Cholesterol</b> 0 mg		<b>0%</b>	<b>Protein</b> 9 g	<b>18%</b>	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					





# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Redi-Burger®, 15 oz. *Low Fat, Vegan*



**INGREDIENTS:** TEXTURED WHEAT GLUTEN, WATER FOR HYDRATION, WATER, DEFATTED WHEAT GERM, TORULA YEAST, RICE FLOUR. CONTAINS 2% OR LESS OF DEFATTED SOY FLOUR, CORN OIL, SALT, POTATO FLAKES, ONION POWDER, HYDROLYZED SOY PROTEIN, OAT FLOUR, CARAMEL COLOR, WHEAT FLOUR, SOY LECITHIN, GARLIC POWDER, L-LYSINE MONOHYDROCHLORIDE, CARRAGEENAN, MALTODEXTRIN, SOY PROTEIN ISOLATE, POTATO STARCH, POTASSIUM CHLORIDE, DEXTROSE, KONJAC FLOUR, SPICE, NATURAL SMOKE FLAVOR, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]).

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
5 servings per container	
Serving size 5/8" Slice (85 g)	
Amount Per Serving	
<b>Calories</b>	<b>120</b>
% Daily Value*	
Total Fat 2.5 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 1.5 g	
Monounsaturated Fat 0.5 g	
Cholesterol 0 mg	0%
Sodium 450 mg	20%
Total Carbohydrate 7 g	3%
Dietary Fiber 4 g	14%
Total Sugars 1 g	
Includes 1 g Added Sugars	2%
<b>Protein</b> 18 g	<b>36%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 140 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Saucettes®, 15 oz. *Vegetarian*



**INGREDIENTS - LINKS:** WATER, WHEAT GLUTEN, CORN OIL, DEFATTED WHEAT GERM, TORULA YEAST, RICE FLOUR. CONTAINS 2% OR LESS OF DEFATTED SOY FLOUR, POTATO FLAKES, ONION POWDER, HYDROLYZED SOY PROTEIN, SALT, OAT FLOUR, CARAMEL COLOR, SOY LECITHIN, WHEAT FLOUR, GARLIC POWDER, L-LYSINE MONOHYDROCHLORIDE, SOY PROTEIN ISOLATE, SPICES, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL SMOKE FLAVOR.

**BRINE:** WATER, SALT.

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
7 servings per container	
Serving size 1 Saucette (38 g)	
Amount Per Serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
Total Fat 6 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polysaturated Fat 3.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0 mg	0%
Sodium 200 mg	9%
Total Carbohydrate 1 g	0%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 5 g	<b>10%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 25 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Simple Franks®, 15 oz. *Low Fat, Vegan*



**INGREDIENTS:** WATER, WHEAT GLUTEN, SOYBEAN OIL, INACTIVE DRIED YEAST, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF FRUIT AND VEGETABLE JUICE FOR COLOR, DEFATTED WHEAT GERM, DEFATTED SOY FLOUR, ONION POWDER, SOY LECITHIN, CORN OIL, GARLIC POWDER, SALT, L-LYSINE MONOHYDROCHLORIDE, PAPRIKA POWDER, MALTODEXTRIN, TAPIOCA DEXTRIN, CHILI POWDER, NATURAL FLAVOR FROM NON-MEAT SOURCES, NATURAL SMOKE FLAVOR.

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
6 servings per container	
Serving size 1 Link (51 g)	
Amount Per Serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
Total Fat 5 g	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 210 mg	9%
Total Carbohydrate 4 g	1%
Dietary Fiber 2 g	7%
Total Sugars <1 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 9 g	<b>18%</b>
Vitamin D 0 mcg	0%
Calcium 11 mg	1%
Iron 1 mg	6%
Potassium 87 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Super Links®, 15 oz. *Vegetarian*



**INGREDIENTS - LINKS:** TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, WHEAT GLUTEN, WATER FOR HYDRATION), EGG WHITES, SOYBEAN OIL, WATER, SALT, AUTOLYZED YEAST EXTRACT. CONTAINS 2% OR LESS OF CORN SYRUP SOLIDS, MODIFIED CORN STARCH, HYDROLYZED CORN GLUTEN, SOY PROTEIN, WHEAT GLUTEN, OAT FLOUR, DEXTROSE, SPICES, NATURAL SMOKE FLAVOR, NATURAL FLAVORS FROM NON-MEAT SOURCES, PAPRIKA EXTRACT, CARAMEL COLOR, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B12 [CYANOCOBALAMIN]), NONFAT DRY MILK, RED #3 FOR COLOR.

**BROTH:** WATER, HYDROLYZED SOY PROTEIN AND WHEAT GLUTEN, SALT, NATURAL SMOKE FLAVOR, CARAMEL COLOR, RED #3 FOR COLOR.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

Nutrition Facts	
6 servings per container	
Serving size 1 Link (48 g)	
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
Total Fat 8 g	10%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polysaturated Fat 4.5 g	
Monounsaturated Fat 2 g	
Cholesterol 0 mg	0%
Sodium 350 mg	15%
Total Carbohydrate 2 g	1%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 7 g	<b>14%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 47 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Swiss Stakes With Gravy®, 13 oz. *Vegetarian*



**INGREDIENTS - SWISS STAKES:** TEXTURED SOY PROTEIN CONCENTRATE WITH WATER FOR HYDRATION, ROLLED OATS, CORN OIL, WATER, EGG WHITES, MODIFIED CORN STARCH, DRIED ONION. CONTAINS 2% OR LESS OF TORULA YEAST, HYDROLYZED SOY AND CORN PROTEIN, SALT, CARAMEL COLOR, DEXTROSE, ARTIFICIAL FLAVOR FROM NON-MEAT SOURCES, PROPYLENE GLYCOL, GUAR GUM, SPICES, DISODIUM INOSINATE, DISODIUM GUANYLATE, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), GUM TRAGACANTH, COTTONSEED OIL, JALAPENO PEPPERS, NONFAT DRY MILK. **GRAVY:** WATER, MODIFIED CORN STARCH, WHEAT FLOUR, DEXTROSE, HYDROLYZED SOY PROTEIN, AUTOLYZED YEAST EXTRACT, HYDROLYZED CORN GLUTEN, SUGAR, SALT, DRIED ONION, CARAMEL COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL FLAVORS FROM NON-MEAT SOURCES.

**CONTAINS WHEAT, SOY, MILK AND EGG**

Nutrition Facts	
4 servings per container	
Serving size 1 Pieces (92g)	
<b>Calories</b>	<b>130</b>
% Daily Value*	
Total Fat 6 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polysaturated Fat 3.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0 mg	0%
Sodium 430 g	19%
Total Carb. 9 g	3%
Dietary Fiber 3 g	11%
Total Sugars <1 g	
Ind. 0 g Added Sugars	0%
<b>Protein</b> 9 g	<b>18%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	4%
Potassium 200 mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Tender Bits®, 15 oz. *Vegan*



**INGREDIENTS - TENDER BITS:** WATER, WHEAT GLUTEN, RICE FLOUR, CORN OIL, OAT FLOUR, SOY PROTEIN CONCENTRATE. CONTAINS 2% OR LESS OF TORULA YEAST, ONION POWDER, SOY LECITHIN, L-LYSINE MONOHYDROCHLORIDE, YEAST EXTRACT, VITAMINS (NIACINAMIDE, CALCIUM, PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), SALT, DEXTROSE, CARAMEL COLOR, CELERY EXTRACT.

**BROTH:** WATER, SALT, HYDROLYZED SOY PROTEIN, CORN OIL, CARAMEL COLOR.

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
3 servings per container	
Serving size 6 Pieces (85 g)	
Amount Per Serving	
<b>Calories</b>	<b>120</b>
% Daily Value*	
Total Fat 4 g	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 2.5 g	
Monounsaturated Fat 1 g	
Cholesterol 0 mg	0%
Sodium 440 mg	18%
Total Carbohydrate 7 g	2%
Dietary Fiber 3 g	12%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 13 g	<b>26%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.7 mg	4%
Potassium 55 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Tender Rounds®, 15 oz. *Vegetarian*



**INGREDIENTS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), WATER, CORN OIL, WHEAT FLOUR, EGG WHITES, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF DEFAATTED SOY FLOUR, TORULA YEAST, HYDROLYZED SOY CORN AND WHEAT PROTEIN, DEXTROSE, MINCED ONION, OAT FLOUR, SALT, ONION POWDER, CORN STARCH, GARLIC POWDER, CARAMEL COLOR, GUAR GUM, SOYBEAN OIL, WHEAT FIBER, ARTIFICIAL AND NATURAL FLAVORS, FROM NON-MEAT SOURCES (CONTAINS DAIRY), PROPYLENE GLYCOL, DISODIUM INOSINATE, DISODIUM GUANYLATE, MALTODEXTRIN, SPICES, AUTOLYZED YEAST EXTRACT, CELLULOSE, POWDER, GUM TRAGACANTH, COCONUT OIL TRIGLYCERIDES, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NONFAT DRY MILK, YELLOW #6 FOR COLOR, RED #3 FOR COLOR. **GRAVY:** WATER, MODIFIED CORN STARCH, WHEAT FLOUR, HYDROLYZED CORN AND SOY PROTEIN, DEXTROSE, AUTOLYZED YEAST EXTRACT, SUGAR, SALT, ONION, CARAMEL COLOR, NATURAL FLAVORS FROM NON-MEAT SOURCES, DISODIUM INOSINATE, DISODIUM GUANYLATE.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

Nutrition Facts	
3 servings per container	
Serving size 6 Pieces (80 g)	
Amount Per Serving	
<b>Calories 120</b>	
% Daily Value*	
Total Fat 4.5 g	7%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 2.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0 mg	0%
Sodium 340 mg	14%
Total Carbohydrate 6 g	2%
Dietary Fiber 1 g	4%
Total Sugars 1 g	
Includes 1 g Added Sugars	2%
<b>Protein 13 g</b>	<b>26%</b>
Vitamin D 0 mcg	0%
Calcium 26 mg	2%
Iron 1.1 mg	6%
Potassium 80 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Vege Burger®, 15 oz. *Low Fat, Vegan*



**INGREDIENTS:** TEXTURED WHEAT GLUTEN, WATER FOR HYDRATION, WATER, DEFAATTED SOY FLOUR. CONTAINS 2% OR LESS OF OAT FLOUR, WHEAT FLOUR, CARAMEL COLOR, DEXTROSE, ONION POWDER, L-LYSINE MONOHYDROCHLORIDE, HYDROLYZED SOY PROTEIN, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), CELERY EXTRACT, PARSLEY EXTRACT.

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
About 5 servings per container	
Serving size 1/4 Cup (55 g)	
Amount Per Serving	
<b>Calories 60</b>	
% Daily Value*	
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polysaturated Fat 0.5 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 130 mg	6%
Total Carbohydrate 2 g	1%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 12 g</b>	<b>24%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.36 mg	2%
Potassium 40 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Vegetable Skallops®, 15 oz. *Low Fat, Vegetarian*



**INGREDIENTS:** **SKALLOPS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION). **BROTH:** WATER, SALT, MONOSODIUM GLUTAMATE, L-LYSINE MONOHYDROCHLORIDE. **CONTAINS WHEAT AND SOY.**

Nutrition Facts	
4 servings per container	
Serving size 2 Slices (72 g)	
Amount Per Serving	
<b>Calories 80</b>	
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 300 mg	13%
Total Carbohydrate 3 g	1%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 15 g</b>	<b>30%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 2.7 mg	2%
Potassium 10 mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Vegetable Steaks™, 15 oz. *Low Fat, Vegan*



**INGREDIENTS - STEAKS:** WHEAT GLUTEN WITH WATER FOR HYDRATION, CARAMEL COLOR. **BROTH:** WATER, SALT, YEAST EXTRACT, HYDROLYZED SOY PROTEIN, DEXTROSE, CARAMEL COLOR, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), MONISODIUM GLUTAMATE, CELERY EXTRACT.

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
3 servings per container	
Serving size 2 Slices (72 g)	
Amount Per Serving	
<b>Calories 80</b>	
% Daily Value*	
Total Fat 1 g	2%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polysaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 300 mg	13%
Total Carbohydrate 3 g	1%
Dietary Fiber 2 g	8%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 15 g</b>	<b>30%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 2.7 mg	15%
Potassium 20 mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Vegetarian Burger™, 15 oz. *Low Fat, Vegetarian*



**INGREDIENTS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), WATER, CORN STARCH. CONTAINS 2% OR LESS OF SOYBEAN OIL, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, SOY PROTEIN, WHEAT GLUTEN, SALT, DRIED ONION, CARAMEL COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]).

**CONTAINS WHEAT AND SOY.**

Nutrition Facts	
About 8 servings per container	
Serving size 1/4 Cup (55 g)	
Amount Per Serving	
<b>Calories 70</b>	
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polysaturated Fat 1 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 310 mg	13%
Total Carbohydrate 4 g	1%
Dietary Fiber 1 g	3%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 9 g</b>	<b>20%</b>
Vitamin D 3 mcg	15%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 38 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Veja Links®, 15 oz. *Vegetarian*



**INGREDIENTS - LINKS:** WATER, EGG WHITES, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, WHEAT GLUTEN, WATER FOR HYDRATION), SOYBEAN OIL, CORN SYRUP SOLIDS, SALT. CONTAINS 2% OR LESS OF OAT FLOUR, CORN STARCH, GUAR GUM, YEAST EXTRACT, SODIUM ALGINATE, SPICES, DISODIUM INOSINATE, NATURAL SMOKE FLAVOR, PAPRIKA COLOR, CARAMEL COLOR, SUGAR, DEXTROSE, GARLIC POWDER, NATURAL FLAVORS FROM NON-MEAT SOURCES, CARRAGEENAN, DISODIUM GUANYLATE, HYDROLYZED SOY PROTEIN, SPICE EXTRACTIVES, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), WHEAT FIBER, RED #3 FOR COLOR, NONFAT DRY MILK. **BROTH:** WATER, SALT, HYDROLYZED SOY PROTEIN, NATURAL SMOKE FLAVOR, CARAMEL COLOR, RED #3 FOR COLOR.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

Nutrition Facts	
7 servings per container	
Serving size 1 Link (31 g)	
Amount Per Serving	
<b>Calories 50</b>	
% Daily Value*	
Total Fat 3 g	4%
Saturated Fat 0.5 g	4%
Trans Fat 0 g	
Polysaturated Fat 1.5 g	
Monounsaturated Fat 0.5 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Total Carbohydrate 1 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 4 g</b>	<b>8%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 20 mg	0%

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ATLANTIC  
NATURAL FOODS

# PLANT-BASED GOODNESS FOOD SERVICE





# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Big Franks, 96 oz. *Vegan*



### INGREDIENTS:

**FRANKS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), CORN OIL, WATER, TORULA YEAST. CONTAINS 2% OR LESS OF DEFATTED WHEAT GERM, DEFATTED SOY FLOUR, DRIED ONION, MONO- AND DIGLYCERIDES FROM SOYBEAN OIL, SALT, HYDROLYZED SOY PROTEIN, GARLIC POWDER, AUTOLYZED YEAST EXTRACT, HYDROLYZED CORN PROTEIN, SOY LECITHIN, CARAMEL COLOR, NATURAL SMOKE FLAVOR, L-LYSINE MONOHYDROCHLORIDE, SPICES, CONCENTRATED ONION JUICE, NATURAL FLAVORS FROM NON-MEAT SOURCES, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDRO- CHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), PROPYLENE GLYCOL, SOYBEAN OIL, RED #3 FOR COLOR.

**BRINE:** WATER, SALT.

**CONTAINS WHEAT AND SOY.**

### Nutrition Facts

30 servings per container	
<b>Serving size</b> 1 Frank (51 g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 90	
	% Daily Value*
<b>Total Fat</b> 5 g	4%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 3.5 g	
Monounsaturated Fat 1.5 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 280 mg	12%
<b>Total Carbohydrate</b> 3 g	1%
Dietary Fiber 1 g	8%
Total Sugars 0 g	
Includes 0 g Added Sugars	
<b>Protein</b> 9 g	18%
Vitamin D 0 mcg	0%
Calcium 1 mg	0%
Iron 1.0 mg	6%
Potassium 77 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Chili, 50 oz. *Low Fat, Vegetarian*



### INGREDIENTS:

WATER, BEANS (RED BEANS AND/OR PINTO BEANS), WHEAT GLUTEN, TOMATO PASTE (TOMATOES, SALT), TEXTURED SOY PROTEIN, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, JALAPENO (JALAPENO PEPPER, VINEGAR, SALT, NATURAL FLAVORS), CHILI, SOYBEAN OIL, SUGAR, GREEN BELL PEPPER, CUMIN POWDER, RED BELL PEPPER, ONION FLAVOR (MALTODEXTRIN, SALT, SUNFLOWER OIL, MAGNESIUM CARBONATE), DRIED ONION, XANTHAN GUM, CHILI POWDER, GARLIC FLAVOR (MALTODEXTRIN, SALT, SUNFLOWER OIL, MAGNESIUM CARBONATE), MONOSODIUM GLUTAMATE, HYDROLYZED SOY PROTEIN, HYDROLYZED CORN PROTEIN, CARAMEL COLOR, BEEF FLAVOR (MALTODEXTRIN, NATURAL FLAVORS, SILICON DIOXIDE), AUTOLYZED YEAST EXTRACT, GARLIC POWDER, PAPRIKA OLEORESIN, SPICES, DEXTROSE, CORN SYRUP, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), CORN OIL, DISODIUM INOSINATE, DISODIUM GUANYLATE. **CONTAINS WHEAT AND SOY.**

### Nutrition Facts

About 6 servings per container	
<b>Serving size</b> 1 Cup (230 g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 280	
	% Daily Value*
<b>Total Fat</b> 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Polyunsaturated Fat 7 g	
Monounsaturated Fat 1.5 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 1130 mg	49%
<b>Total Carbohydrate</b> 25 g	9%
Dietary Fiber 8 g	29%
Total Sugars 3 g	
Includes 3 g Added Sugars	
<b>Protein</b> 24 g	48%
Vitamin D 0 mcg	0%
Calcium 52 mg	4%
Iron 3.6 mg	20%
Potassium 330 mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Prime Stake®, 47 oz. *Vegetarian*



### INGREDIENTS:

**PRIME STAKE:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION), WATER, CORN OIL, SOYBEAN OIL, POTATO FLOUR, EGG WHITES. CONTAINS 2% OR LESS OF SALT, HYDROLYZED SOY PROTEIN, WHEAT GLUTEN, CORN GLUTEN, SODIUM CASEINATE, OAT FLOUR, MODIFIED TAPIOCA STARCH, DEXTROSE, CARAMEL COLOR, DRIED ONION, AUTOLYZED YEAST EXTRACT, CORN STARCH, SPICES, MODIFIED CORN STARCH, GUAR GUM, ONION POWDER, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, CARRAGEENAN, WHEAT FIBER.

**GRAVY:** WATER, MODIFIED CORN STARCH, WHEAT FLOUR, HYDROLYZED CORN GLUTEN, SOY PROTEIN, WHEAT GLUTEN, SALT, AUTOLYZED YEAST EXTRACT, CARAMEL COLOR.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

### Nutrition Facts

12 servings per container	
<b>Serving size</b> 1 Piece (92 g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 120	
	% Daily Value*
<b>Total Fat</b> 6 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 3 g	
Monounsaturated Fat 1.5 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 440 mg	19%
<b>Total Carbohydrate</b> 7 g	3%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	
<b>Protein</b> 9 g	18%
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.8 mg	10%
Potassium 90 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### INGREDIENTS:

TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, WHEAT GLUTEN, WATER FOR HYDRATION), EGG WHITES, SOYBEAN OIL, WATER, SALT, AUTOLYZED YEAST EXTRACT. CONTAINS 2% OR LESS OF CORN SYRUP SOLIDS, MODIFIED CORN STARCH, HYDROLYZED CORN GLUTEN, SOY PROTEIN, WHEAT GLUTEN, OAT FLOUR, DEXTROSE, SPICES, NATURAL SMOKE FLAVOR, NATURAL FLAVORS FROM NON-MEAT SOURCES, PAPRIKA EXTRACT, CARAMEL COLOR, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NONFAT DRY MILK, RED #3 FOR COLOR.

**BROTH:** WATER, HYDROLYZED SOY PROTEIN AND WHEAT GLUTEN, SALT, NATURAL SMOKE FLAVOR, CARAMEL COLOR, RED #3 FOR COLOR. **CONTAINS WHEAT, SOY, MILK AND EGG.**

### Nutrition Facts

30 servings per container	
<b>Serving size</b> 1 Link (48 g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 110	
	% Daily Value*
<b>Total Fat</b> 8 g	10%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 4.5 g	
Monounsaturated Fat 2 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 350 mg	15%
<b>Total Carbohydrate</b> 2 g	1%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	
<b>Protein</b> 7 g	14%
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 47 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

FriChik Original®, 42 oz. *Vegetarian*



### INGREDIENTS:

**FRICHK:** TEXTURED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, WATER FOR HYDRATION), WATER, SOYBEAN OIL, EGG WHITES, CORN OIL. CONTAINS 2% OR LESS OF SALT, DEXTROSE, CORN STARCH, POTASSIUM CHLORIDE, DISODIUM INOSINATE, PHOSPHORIC ACID, HYDROLYZED SOY PROTEIN, MODIFIED CORN STARCH, GUAR GUM, BAKING POWDER (CORN STARCH, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), ONION POWDER, CARRAGEENAN, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, WHEAT FIBER, NONFAT DRY MILK. **BROTH:** WATER, MODIFIED CORN STARCH, HYDROLYZED WHEAT GLUTEN, CORN GLUTEN, SOY PROTEIN, SALT, PHOSPHORIC ACID.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

### Nutrition Facts

8 servings per container	
<b>Serving size</b> 2 Pieces (90 g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 140	
	% Daily Value*
<b>Total Fat</b> 8 g	10%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 5 g	
Monounsaturated Fat 2 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 430 mg	18%
<b>Total Carbohydrate</b> 3 g	1%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	
<b>Protein</b> 12 g	24%
Vitamin D 0 mcg	0%
Calcium 26 mg	2%
Iron 1.8 mg	10%
Potassium 90 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### INGREDIENTS:

WATER, TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, WHEAT GLUTEN, WATER FOR HYDRATION), CORN OIL, WATER, TORULA YEAST. CONTAINS 2% OR LESS OF MONO- AND DIGLYCERIDES FROM SOYBEAN OIL, DEFATTED SOY FLOUR, SOY LECITHIN, HYDROLYZED SOY PROTEIN, L-LYSINE MONOHYDROCHLORIDE, HYDROLYZED CORN PROTEIN, ONION POWDER, CARAMEL COLOR, NATURAL SMOKE FLAVOR, GARLIC POWDER, CORN SYRUP, PROPYLENE GLYCOL, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), RED #3 FOR COLOR, YELLOW #6 FOR COLOR.

**BRINE:** WATER, SALT.

**CONTAINS WHEAT AND SOY.**

### Nutrition Facts

40 servings per container	
<b>Serving size</b> 1 Linkett (35 g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 70	
	% Daily Value*
<b>Total Fat</b> 4 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polyunsaturated Fat 2.5 g	
Monounsaturated Fat 1 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 160 mg	7%
<b>Total Carbohydrate</b> 1 g	0%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	
<b>Protein</b> 6 g	12%
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 0 mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



# LOMA LINDA - TRADITIONS CANS

## LOMA LINDA®

Swiss Stake With Gravy, 47 oz. *Vegetarian*



**INGREDIENTS: SWISS STAKE:** TEXTURED SOY PROTEIN CONCENTRATE WITH WATER FOR HYDRATION, ROLLED OATS, CORN OIL, WATER, EGG WHITES, MODIFIED CORN STARCH, DRIED ONION. CONTAINS 2% OR LESS OF TORULA YEAST, HYDROLYZED SOY AND CORN PROTEIN, SALT, CARAMEL COLOR, DEXTROSE, ARTIFICIAL FLAVOR FROM NON-MEAT SOURCES, PROPYLENE GLYCOL, GUAR GUM, SPICES, DISODIUM INOSINATE, DISODIUM GUANYLATE, VITAMINS (NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), GUM TRAGACANTH, COTTONSEED OIL, JALAPENO PEPPERS, NONFAT DRY MILK. **GRAVY:** WATER, MODIFIED CORN STARCH, WHEAT FLOUR, DEXTROSE, HYDROLYZED SOY PROTEIN, AUTOLYZED YEAST EXTRACT, HYDROLYZED CORN GLUTEN, SUGAR, SALT, DRIED ONION, CARAMEL COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL FLAVORS FROM NON-MEAT SOURCES.

**CONTAINS WHEAT, SOY, MILK AND EGG**

### Nutrition Facts

13 servings per container	
Serving size 1 Piece (92 g)	
Amount Per Serving	
<b>Calories 130</b>	
% Daily Value*	
Total Fat 6 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 3.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0 mg	0%
Sodium 430 mg	19%
Total Carbohydrate 9 g	3%
Dietary Fiber 3 g	11%
Total Sugars <1g	
Includes 0g Added Sugars	0%
<b>Protein 9 g</b>	<b>18%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	4%
Potassium 200 mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Vegetable Skallops®, 50 oz. *Low Fat, Vegetarian*



### INGREDIENTS:

**SKALLOPS:** TEXTURED VEGETABLE PROTEIN (WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, WATER FOR HYDRATION).

**BROTH:** WATER, SALT, MONOSODIUM GLUTAMATE, L-LYSINE MONOHYDROCHLORIDE. **CONTAINS WHEAT AND SOY.**

### Nutrition Facts

About 10 servings per container	
Serving size 2 Slices (72 g)	
Amount Per Serving	
<b>Calories 80</b>	
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 300mg	13%
Total Carbohydrate 3 g	1%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 15 g</b>	<b>30%</b>
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 2.7 mg	15%
Potassium 10mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## LOMA LINDA®

Vegetarian Burger, 50 oz. *Vegetarian*



**INGREDIENTS: FRICHIK:** TEXTURED VEGETABLE PROTEIN (SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, WATER FOR HYDRATION), WATER, SOYBEAN OIL, EGG WHITES, CORN OIL. CONTAINS 2% OR LESS OF SALT, DEXTROSE, CORN STARCH, POTASSIUM CHLORIDE, DISODIUM INOSINATE, PHOSPHORIC ACID, HYDROLYZED SOY PROTEIN, MODIFIED CORN STARCH, GUAR GUM, BAKING POWDER (CORN STARCH, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), ONION POWDER, CARRAGEENAN, VITAMINS AND MINERALS (NIACINAMIDE, IRON [FERROUS SULFATE], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B12 [CYANOCOBALAMIN]), NATURAL FLAVORS FROM NON-MEAT SOURCES, WHEAT FIBER, NONFAT DRY MILK. **BROTH:** WATER, MODIFIED CORN STARCH, HYDROLYZED WHEAT GLUTEN, CORN GLUTEN, SOY PROTEIN, SALT, PHOSPHORIC ACID.

**CONTAINS WHEAT, SOY, MILK AND EGG.**

### Nutrition Facts

About 26 servings per container	
Serving size 1/4 Cup (55 g)	
Amount Per Serving	
<b>Calories 70</b>	
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0g	
Polyunsaturated Fat 1 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 310 mg	13%
Total Carbohydrate 4 g	1%
Dietary Fiber 1 g	3%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein 9 g</b>	<b>20%</b>
Vitamin D 3 mcg	15%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 38 mg	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

