

Modern Menu

PLANT-BASED SOLUTIONS



DELICIOUS | SHELF STABLE | EASY PREP

**"Winner! I was able to cross-utilize making 3 menu applications.
Works excellent with my bowl customization stations."**

Operator

Modern Menu

THE SIMPLE SOLUTION TO ADDING PLANT-BASED MEALS TO YOUR MENU

Satisfy customer demand for more nutritious and delicious plant-based comfort foods with fully cooked and seasoned menu solutions!

DELICIOUS

CHOLESTEROL FREE ✓
NON GMO ✓
VEGAN ✓
PLANT-BASED PROTEIN ✓
PERFECT TASTE AND TEXTURE ✓

CONVENIENT

SHELF STABLE, EASY OPEN POUCH ✓
BROAD MENU APPLICATION ✓
BACK OF HOUSE SIMPLICITY ✓
FULLY COOKED ✓
DELICIOUSLY SEASONED ✓

"Great flavor. Great product to sell and cross utilize on menus."

Distributor

"After preparing it similarly to regular tuna, it tasted very good."

Distributor

"I really love this one. Deep rich chipotle flavor. Smoky with some heat. Perfect."

Distributor

"The base and texture are spot on!"

Industry Affiliate



Modern Menu

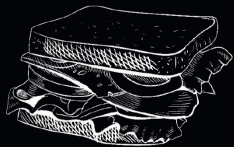
CHIK'N

The 1st plant-based, shelf stable
CHIK'N alternative in 3 flavors:

BROTH Large pieces prepared in a mild vegetable broth. This versatile and savory canvas is a great protein source for salads, soups, stir-fry, pot pies and more.

BBQ The thick, rich sauce is made with sweet peppers, brown sugar and vinegar. Lighter notes of garlic, chili and smoke also accompany this traditional sauce profile.

BUFFALO This classic Buffalo sauce is tangy, zesty and provides a punch of heat. Bring the carrots and celery!



SANDWICHES



SALADS



APPETIZERS



SOUPS



PIZZAS

It's easy to create healthy menu options with CHIK'N. Use as you would chicken in appetizers, sandwiches, wraps, soups, salads, tapas, entrees, pasta dishes and sides.

Scan for recipe inspiration and serving suggestions:



CHIK'N BROTH



Nutrition Facts

22 servings per container	
Serving Size 2.0 oz (55 g)	
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 0.0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	10%
Vitamin D 0mcg	2%
Calcium 33mg	3%
Iron 1mg	5%
Potassium 173mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TEXTURED SOY PROTEIN, WATER, VEGETABLE BROTH (CARROT, CELERY, ONION), YEAST EXTRACT, SALT, SUGAR, MALTODEXTRIN, ONION POWDER, CORN STARCH, GARLIC POWDER, TURMERIC, NATURAL FLAVORS.

CONTAINS SOY.

NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: CHIK'N - Broth
CASE INFO: 6/43 oz pouches
CASE GTIN: 1084556100668
UNIT UPC: 0084556100661
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

**SHELF
STABLE**

**GLUTEN
FREE**

CHIK'N BBQ



Nutrition Facts

22 servings per container	
Serving Size 2.0 oz (55 g)	
Amount Per Serving	
Calories	60
% Daily Value*	
Total Fat 1.0g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 5g	10%
Vitamin D 1mcg	4%
Calcium 35mg	3%
Iron 1mg	5%
Potassium 186mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TEXTURED SOY PROTEIN, WATER, BELL PEPPER, ONION, SUGAR, CHILI PASTE, TOMATO PASTE, SOY SAUCE, SUNFLOWER OIL, CORN STARCH, NATURAL FLAVORS, VINEGAR, CHILI POWDER, NATURAL SMOKE FLAVOR, VEGETABLE SHORTENING BLEND (MALTODEXTRIN, VEGETABLE SHORTENING, NATURAL FLAVORS, DEXTROSE), OREGANO, ROSEMARY, XANTHAN GUM.

CONTAINS SOY.

NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: CHIK'N - BBQ
CASE INFO: 6/43 oz pouches
CASE GTIN: 1084556100682
UNIT UPC: 0084556100685
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

**NON
GMO**

VEGAN

CHIK'N BUFFALO



Nutrition Facts

22 servings per container	
Serving Size 2.0 oz (55 g)	
Amount Per Serving	
Calories	40
% Daily Value*	
Total Fat 0.0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 530mg	23%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	8%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 34mg	3%
Iron 1mg	5%
Potassium 163mg	3%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TEXTURED SOY PROTEIN, CHILI PASTE (CHILI, VINEGAR, SALT), WATER, VINEGAR, NATURAL FLAVOR, CORN STARCH, CHILI POWDER, XANTHAN GUM, CITRIC ACID, YEAST EXTRACT, GARLIC POWDER.

CONTAINS SOY.

NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: CHIK'N - Buffalo
CASE INFO: 6/43 oz pouches
CASE GTIN: 1084556100670
UNIT UPC: 0084556100670
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

**CHOLESTEROL
FREE**

Modern Menu

TUNO IN SPRING WATER



Nutrition Facts

14 servings per container
Serving Size 3 oz (85 g)

Amount Per Serving
Calories 90

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 470mg	20%
Total Carbohydrate 5g	2%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 2.7mg	15%
Potassium 470mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Textured TEXTURED SOY PROTEIN, SPRING WATER, VEGAN FISH FLAVOR (YEAST EXTRACT, MALTODEXTRIN, FLAVORINGS, THICKENER (GUM ARABIC), SUNFLOWER OIL, COCONUT OIL), SEA SALT, SEAWEED POWDER, POTASSIUM CHLORIDE.
CONTAINS SOY.

NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: TUNO in Spring Water
CASE INFO: 6/43 oz pouches
CASE GTIN: 10845561006446
UNIT UPC: 00845561006449
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

Plant-based Tuna Alternative



SANDWICHES



SALADS



APPETIZERS



PIZZAS

Modern Menu TUNO is the easiest way to add plant-based seafood options to your menu. It's perfect for sandwiches and wraps, salads, appetizers, pizzas and sushi!

Scan for recipe inspiration and serving suggestions:





Modern Menu



**SHELF
STABLE**



**GLUTEN
FREE**



**NON
GMO**



VEGAN



**CHOLESTEROL
FREE**

TACO FILLING



INGREDIENTS: TEXTURED SOY PROTEIN, WATER, SOYBEAN OIL, TACO SEASONING (SPICES, ONION POWDER, GARLIC POWDER, DEXTROSE, SEA SALT, PAPRIKA, GREEN BELL PEPPER, RICE STARCH, HICKORY FLAVOR [MALTODEXTRIN, HICKORY SMOKE FLAVOR, CITRIC ACID]), BEEF FLAVOR (MALTODEXTRIN, YEAST EXTRACT, SALT, SOY SAUCE POWDER [SOY SAUCE, MALTODEXTRIN], SPICES, SILICON DIOXIDE), GARLIC FLAVOR (MALTODEXTRIN, SALT, VEGETABLE OIL, MAGNESIUM CARBONATE), SUGAR, CORN STARCH, CUMIN, VEGETABLE SHORTENING BLEND (MALTODEXTRIN, VEGETABLE SHORTENING, NATURAL FLAVORS, DEXTROSE), RICE STARCH, POTASSIUM CHLORIDE.
CONTAINS SOY.

Nutrition Facts

21 servings per container
Serving Size 2oz (55g) 1/4 Cup

Amount Per Serving
Calories 70

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0.4mcg	2%
Calcium 40mg	4%
Iron 1mg	6%
Potassium 210mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

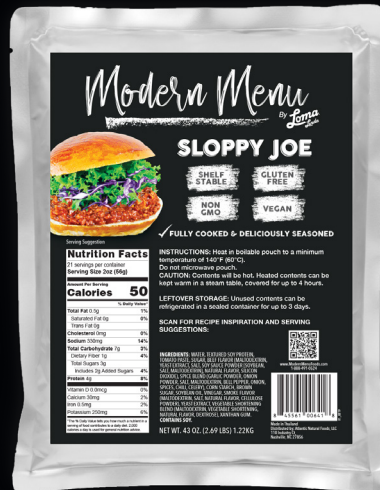
NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: TACO FILLING
CASE INFO: 6/43 oz pouches
CASE GTIN: 10845561006408
UNIT UPC: 00845561006401
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

**Fully cooked
& deliciously seasoned**

SLOPPY JOE



Nutrition Facts

21 servings per container
Serving Size 2oz (56g)

Amount Per Serving
Calories 50

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 7g	3%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 4g	8%
Vitamin D 0.0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 250mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: Sloppy Joe
CASE INFO: 6/43 oz pouches
CASE GTIN: 10845561006415
UNIT UPC: 00845561006418
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

INGREDIENTS: WATER, TEXTURED SOY PROTEIN, TOMATO PASTE, SUGAR, BEEF FLAVOR (MALTODEXTRIN, YEAST EXTRACT, SALT, SOY SAUCE POWDER [SOYBEAN, SALT, MALTODEXTRIN], NATURAL FLAVOR, SILICON DIOXIDE), SPICE BLEND (GARLIC POWDER, ONION POWDER, SALT, MALTODEXTRIN, BELL PEPPER, ONION, SPICES, CHILI, CELERY), CORN STARCH, BROWN SUGAR, SOYBEAN OIL, VINEGAR, SMOKE FLAVOR (MALTODEXTRIN, SALT, NATURAL FLAVOR, CELLULOSE POWDER), YEAST EXTRACT, VEGETABLE SHORTENING BLEND (MALTODEXTRIN, VEGETABLE SHORTENING, NATURAL FLAVOR, DEXTROSE), XANTHAN GUM.
CONTAINS SOY.

**A modern, delicious take on
classic comfort food**

Scan for recipe sinspiration and
serving suggestions:





Modern Menu

✓ **SHELF STABLE**

✓ **GLUTEN FREE**

✓ **NON GMO**

✓ **VEGAN**

✓ **CHOLESTEROL FREE**

SOUTHWEST BOWL - WITH CHIPOTLE PEPPERS -



Nutrition Facts	
4 servings per container	
Serving Size 10oz (285g) 1 1/4 Cup	
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1080mg	47%
Total Carbohydrate 45g	16%
Dietary Fiber 10g	36%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 18g	36%
Vitamin D 0mcg	0%
Calcium 90mg	6%
Iron 3mg	20%
Potassium 720mg	15%

NET WT 43oz (2.69lbs) 1,22kg



PRODUCT NAME: Southwest Bowl With Chipotle Pepper
CASE INFO: 6/43 oz pouches
CASE GTIN: 10845561006422
UNIT UPC: 00845561006425
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

INGREDIENTS: WATER, TEXTURED SOY PROTEIN, BROWN RICE, TOMATO, BLACK BEAN, CHIPOTLE PASTE (CHIPOTLE PEPPER PUREE [CHIPOTLE PEPPER, WATER], WATER, TOMATO PASTE, VINEGAR, SALT, SPICES, SMOKE FLAVOR), BELL PEPPER, SWEET CORN, ONION, SALT, LEMON JUICE, SPICES, GARLIC POWDER, CHILI, YEAST EXTRACT.
CONTAINS SOY.

ULTIMATE CHILI



Nutrition Facts	
4 servings per container	
Serving Size 10oz (285g) 1 Cup	
Amount Per Serving	
Calories	280
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 980mg	43%
Total Carbohydrate 49g	18%
Dietary Fiber 15g	54%
Total Sugars 4g	
Includes 1g Added Sugars	2%
Protein 15g	30%
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 3.6mg	20%
Potassium 900mg	20%

NET WT 43oz (2.69lbs) 1,22kg



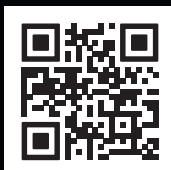
PRODUCT NAME: Ultimate Chili
CASE INFO: 6/43 oz pouches
CASE GTIN: 10845561006439
UNIT UPC: 00845561006432
CASE DIMENSIONS: 19.72" X 12" X 4.98"
TI-HI: 8/10

INGREDIENTS: WATER, PINTO BEANS, RED KIDNEY BEANS, TOMATO, TEXTURED SOY PROTEIN, TOMATO PASTE, CORN STARCH, SALT, JALAPENO (JALAPENO PEPPER, VINEGAR, SALT, NATURAL FLAVORS), CHILI, SOYBEAN OIL, SUGAR, BELL PEPPER, CUMIN POWDER, ONION FLAVOR (MALTODEXTRIN, SALT, SUNFLOWER OIL, MAGNESIUM CARBONATE), XANTHAN GUM, CHILI POWDER, GARLIC FLAVOR (MALTODEXTRIN, SALT, SUNFLOWER OIL, MAGNESIUM CARBONATE), BEEF FLAVOR (MALTODEXTRIN, YEAST EXTRACT, SALT, SOY SAUCE POWDER [SOY SAUCE, MALTODEXTRIN], NATURAL FLAVORING, SILICON DIOXIDE), PAPRIKA OLEORESIN.
CONTAINS SOY.

Serve as a base bowl or as a finished meal

Versatile with many menu applications

Scan for recipe inspiration and serving suggestions:







ATLANTIC
NATURAL FOODS

PLANT-BASED GOODNESS

Atlantic Natural Foods is committed to creating affordable, sustainable, healthy, plant-based protein solutions with better taste and nutrition for your customers and superior convenience for your back-of-house.

CONTACT US:

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