

# PLANT-BASED MADE EASY



## No Harm. No Fowl.®

A playful plant-based alternative to your menu classics, Rebellyous delivers the same juicy and rich flavor as conventional chicken, with all the benefits of 100% vegan / vegetarian ingredients. Whether tucked in a tortilla and lettuce as a wrap, on a whole grain roll as a chicken sandwich or with a side of barbecue sauce, these are sure to be a hit.

Easy to prepare, these deliciously golden brown, protein-rich Kickin' Nuggets, Tenders and Patties will feed a Rebellyon.

**REBELLYOUS. WE DO CHICKEN, RIGHT.**



**2 MMA  
CREDITS**

**100%  
VEGAN / VEG**

**HIGH IN  
PROTEIN**

**NO  
ANTIBIOTICS  
OR HORMONES**

**rebellyous**  
*foods*

**WWW.REBELLYOUS.COM**



## PLANT-BASED rebellyous *Kickin' Nuggets*

Nutrition Facts	
About 53 servings per container	
Serving size	5 Pieces (85g)
Amount per serving	
<b>Calories</b>	<b>210</b>
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 8g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
<b>Protein 12g</b>	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.8mg	15%
Potassium 330mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Rehydrated Soy Protein (Water, Soy Protein Concentrate, Soy Protein Isolate), Canola Oil, Breading [Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Vinegar, Vegetable Oil [Canola and/or Sunflower], Salt, Baking Soda, Yeast, Spice Extractives], Methylcellulose, Seasoning (Maltodextrin, Sugar, Salt, Yeast Extract, Onion Powder, Dehydrated Garlic, Natural Flavor, Spices, Torula Yeast, Citric Acid, Extractives of Turmeric [Color]), Corn Starch, Salt.

CONTAINS: WHEAT, SOY.

**Item # KNFC212**



## PLANT-BASED rebellyous *Kickin' Tenders*

Nutrition Facts	
About 53 servings per container	
Serving size	3 Tenders (85g)
Amount per serving	
<b>Calories</b>	<b>230</b>
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 9g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 13g	5%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 14g</b>	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 310mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Rehydrated Soy Protein (Water, Soy Protein Concentrate, Soy Protein Isolate), Canola Oil, Breading [Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Vinegar, Vegetable Oil [Canola and/or Sunflower], Salt, Baking Soda, Yeast, Spice Extractives], Methylcellulose, Seasoning (Maltodextrin, Sugar, Salt, Yeast Extract, Onion Powder, Dehydrated Garlic, Natural Flavor, Spices, Torula Yeast, Citric Acid, Extractives of Turmeric [Color]), Corn Starch, Salt.

CONTAINS: WHEAT, SOY.

**Item # KTF21**



## PLANT-BASED rebellyous *Kickin' Patties*

Nutrition Facts	
About 53 servings per container	
Serving size	1 Patty (85g)
Amount per serving	
<b>Calories</b>	<b>220</b>
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 9g	
Cholesterol 0mg	0%
Sodium 360mg	16%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 13g</b>	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 320mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Rehydrated Soy Protein (Water, Soy Protein Concentrate, Soy Protein Isolate), Canola Oil, Breading [Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Vinegar, Vegetable Oil [Canola and/or Sunflower], Salt, Baking Soda, Yeast, Spice Extractives], Methylcellulose, Seasoning (Maltodextrin, Sugar, Salt, Yeast Extract, Onion Powder, Dehydrated Garlic, Natural Flavor, Spices, Torula Yeast, Citric Acid, Extractives of Turmeric [Color]), Corn Starch, Salt.

CONTAINS: WHEAT, SOY.

**Item # KPFC21**

	Case Pack	Case Weight	Case Dim. L x W x H (in)	Cases/Pallet	TL x HI	Credits
Plant-Based Kickin' Nuggets	2 5 lb Bags	10 lbs	11 x 9 x 7.75	119	17 x 7	2 MMA
Plant-Based Kickin' Tenders	2 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2MMA
Plant-Based Kickin' Patties	2 5 lb Bags	10 lbs	11 x 9 x 9	119	17 x 7	2MMA

**rebellyous**  
*foods*

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