

# NO HARM. NO FOWL.®



## NOT ALL NUGGETS ARE CREATED EQUAL.

Rebellyous is on a mission to make the perfect chicken nugget. We started by taking out the actual chicken and using protein-rich plant ingredients. We've taken on the insanely difficult task of building a whole new manufacturing system that is cleaner, more efficient, and better for the people who operate it. Because why settle, when you can do better. One nugget at a time.

Rebellyous delivers the same juicy and rich flavor as conventional chicken, with all the benefits of 100% plant-based ingredients. Easy to prepare, these deliciously golden brown, protein-rich nuggets, tenders and patties will feed a Rebellion.



REBELLYOUS. WE DO CHICKEN, RIGHT.

**VEGAN**  
100% PLANT-BASED

HIGH IN  
**PROTEIN**

GOOD  
SOURCE OF  
**FIBER**

**NO**  
ANTIBIOTICS  
OR HORMONES

**rebellyous**  
foods

[WWW.REBELLYOUS.COM](http://WWW.REBELLYOUS.COM)



# PLANT-BASED NUGGETS

**INGREDIENTS:** Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Concentrate, Expeller Pressed Canola Oil, Wheat Flour, Textured Wheat Protein, 2% OR LESS OF: Isolated Soy Protein, Modified Corn Starch, Methylcellulose, Salt, Yeast Extract, Yellow Corn Flour, Garlic\*, Onion\*, Sunflower Oil, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Spices and Spice Extracts, Rice Starch, Dextrose, Cane Sugar, Vinegar, Natural Flavor, Torula Yeast, Citric Acid, Turmeric Extract (Color), Paprika Extract (Color), Yeast. \*Dried

**CONTAINS:** WHEAT, SOY.

About 53 servings per container	
<b>Serving Size: 5 Nuggets (85g)</b>	
Amount per serving	
<b>Calories</b>	<b>210</b>
% Daily Value	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 570g	<b>25%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0	
Incls. Added Sugars 0g	<b>0%</b>
<b>Protein</b> 11g	<b>19%</b>
Vitamin D 0 mcg <b>0%</b> • Calcium 60 mg <b>4%</b>	
Iron 2.1 mg <b>10%</b> • Potassium 310mg <b>6%</b>	



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# PLANT-BASED TENDERS

**INGREDIENTS:** Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Expeller Pressed Canola Oil, Soy Protein Concentrate, Wheat Flour, Textured Wheat Protein, Modified Corn Starch, 2% OR LESS OF: Isolated Soy Protein, Salt, Yeast Extract, Methylcellulose, Garlic\*, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Sunflower Oil, Onion\*, Spices and Spice Extracts, Yellow Corn Flour, Dextrose, Rice Starch, Cane Sugar, Vinegar, Natural Flavor, Torula Yeast, Citric Acid, Turmeric Extract (Color), Yeast, Paprika Extract (Color). \*Dried

**CONTAINS:** WHEAT, SOY.

About 61 servings per container	
<b>Serving Size: 2 Tenders (74g)</b>	
Amount per serving	
<b>Calories</b>	<b>170</b>
% Daily Value	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 410g	<b>18%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 6g	<b>21%</b>
Total Sugars 0	
Incls. Added Sugars 0g	<b>0%</b>
<b>Protein</b> 11g	<b>19%</b>
Vitamin D 0 mcg <b>0%</b> • Calcium 40 mg <b>4%</b>	
Iron 1.6 mg <b>10%</b> • Potassium 240mg <b>6%</b>	



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# PLANT-BASED PATTIES

**INGREDIENTS:** Water, Soy Protein Concentrate, Expeller Pressed Canola Oil, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Textured Wheat Protein, 2% OR LESS OF: Isolated Soy Protein, Wheat Flour, Modified Corn Starch, Methylcellulose, Yeast Extract, Salt, Yellow Corn Flour, Garlic\*, Onion\*, Rice Starch, Spice and Spice Extracts, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Cane Sugar, Sunflower Oil, Dextrose, Natural Flavor, Torula Yeast, Vinegar, Citric Acid, Turmeric Extract (Color), Paprika Extract (Color), Yeast. \*Dried

**CONTAINS:** WHEAT, SOY.

About 56 servings per container	
<b>Serving Size: 1 Patty (80g)</b>	
Amount per serving	
<b>Calories</b>	<b>190</b>
% Daily Value	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 490g	<b>21%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 0	
Incls. Added Sugars 0g	<b>0%</b>
<b>Protein</b> 12g	<b>21%</b>
Vitamin D 0 mcg <b>0%</b> • Calcium 50 mg <b>4%</b>	
Iron 2 mg <b>10%</b> • Potassium 270mg <b>6%</b>	



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	Case Pack	Case Weight	Case Dim. L x W x H (in)	Case Cube	Cases/Pallet	TL x HI
Food Service Plant-Based Nuggets	2 5 lb Bags	10 lbs	11 x 9 x 7.75	0.44	119	17 x 7
Food Service Plant-Based Tenders	2 5 lb Bags	10 lbs	11 x 9 x 8.25	0.47	119	17 x 7
Food Service Plant-Based Patties	2 5 lb Bags	10 lbs	11 x 9 x 8.5	0.49	119	17 x 7

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