

GrownAs*Foods



VEGAN MAC & CHEESE

THE GROWNAS* WAY

This is the GrownAs* version of the mac & cheese you've been craving. Cheesy, creamy, delicious, and entirely plant-based. Say "goodbye" to filmy, goopy cheese packets and "hello again" to the classic mac & cheese you love.

With no dairy, no nuts, no cholesterol, and 25g of protein per box, kids love it and adults adore it.



WHAT YOU'LL NEED



GROWNAS*
POWDER



10
MINUTES



VEGAN
BUTTER (OIL)



PLANT
MILK

COOKING DIRECTIONS



STEP 1

BRING SALTED
WATER TO A BOIL.



STEP 2

ADD PASTA & COOK
UNTIL AL DENTE.



STEP 3

ADD VEGAN BUTTER, CHEESE
PACKET, OAT MILK & STIR.



STEP 4

LET SIT 2-3 MINUTES
& SERVE.

"As a life long dairy challenged individual (before nut milks were cool) I had to suffer, watching all of the other children enjoy delicious mac n cheese. Until now, I had yet to find an alternative that came close. People, THIS IS IT!"



MIKAYLA

"I'm writing this as I finish my last stocked box of this mac & cheese and it's f***ing incredible. Will be buying more. It's a 10 out of 10 y'all."



JADEN



Nutrition Facts			
2.5 servings per container			
Serving size About 1 cup cooked (71g)			
	Per About 1 cup cooked	Per 1 cup unprepared	
Calories	250	340	
	% DV*	% DV*	
Total Fat	13g	11g	14%
Sodium	0g	4.5g	23%
Total Carb.	52g	18g	19%
Protein	16g	13g	8%



6oz per box
Ships in 10-pack
SHELF LIFE 24 MONTHS

Semolina (wheat), Potato, Nutritional Yeast, Tapioca Starch, Sea Salt, Coconut Flour, Garlic, Onion, Smoked Paprika, Turmeric, Annatto Seed Powder, Xanthan Gum, Organic Vegan Cheese Flavor

All Non-GMO Ingredients
Contains: Wheat, Coconut (tree nuts)



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6oz per box
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Semolina (wheat), Potato, Nutritional Yeast, Tapioca Starch, Sea Salt, Coconut Flour, Truffle Blend (organic black summer truffles, organic black truffle concentrate), Garlic, Onion, Smoked Paprika, Turmeric, Annatto Seed Powder, Xanthan Gum, Organic Vegan Cheese Flavor

All Non-GMO Ingredients
Contains: Wheat, Coconut (tree nuts)

