

5.5"

**Nutrition Facts:** Servings: 1, Serv. size: 1 Bar (37g),

Amount per serving: **Calories 130**, **Total Fat** 2.5g (3% DV), **Sat. Fat** 1g (5% DV),  
**Trans Fat** 0g, **Cholest.** 0mg (0% DV), **Sodium** 150mg (7% DV), **Total Carb.** 26g (9% DV),  
**Fiber** 1g (4% DV), **Total Sugars** 14g (Incl. 11g Added Sugars, 22% DV), **Protein** 1g,  
**Vit. D** (0% DV), **Calcium** (0% DV), **Iron** (6% DV), **Potas.** (2% DV).



**WholeFruit**  
CEREAL BAR



PEANUT  
FREE



TRANS  
FAT FREE



MADE WITH  
REAL FRUIT



NO  
CHOLESTEROL

NET WT 1.3 OZ (37g)

**INGREDIENTS:** ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP, FIGS, CORN SYRUP, SUGAR, DEXTROSE, PALM OIL, CORN FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: FLAKED CORN, SALT, BAKING SODA, PRESERVATIVES (POTASSIUM SORBATE, SODIUM BENZOATE), CANOLA OIL, CARAMEL COLOR, SOY LECITHIN, CITRIC ACID, NATURAL FLAVOR, ANNATTO (COLOR).

\*Allergy Statement: Contains Wheat and Soy. NOTE: MAY CONTAIN TRACES OF PEANUTS AND/OR OTHER NUTS AND SEEDS.  
J&J SNACK FOODS, PENNSAUKEN, NJ 08109 USA

.625"  
Seal

.875"

.5"

4.25" Print Face

.5"

.5"

.875"

.625"  
Seal

.625"  
Seal

4.5" Print Face

.625"  
Seal

.125"  
Clear

.125"  
Clear