2m

## 87mm with Bleed 84mm Pouch/PrintArea-

for 2 years & up

#### **Nutrition Facts** Serving size 1 pouch (113g)

# Amount per serving Calories

% Daily Value

**Total Fat** 2a Saturated Fat Og Trans Fat Og Polyunsaturated Fat 2g

Monounsaturated Fat Og

**Cholesterol** Omg Sodium 10ma 1%

11% **Total Carbohydrate** 17a Dietary Fiber 2g Total Sugars 10g

Includes 0g Added Sugars 0%

Protein 1a

Vit. D 0%	•	Calcium 69
Iron 6%	•	Potas. 29

\*The % daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 1.000 calories a day is used for

INGREDIENTS: ORGANIC APPLE PUREE, WATER ORGANIC WHOLE MILK GREEK YOGURT (ORGANI CULTURED WHOLE MILK (PASTEURIZED AFTER CULTURING)], MILLED ORGANIC CHIA SEEDS, MILLED ORGANIC WHOLE GRAIN OATS. < 1.5% OF: ORGANI VANILLA EXTRACT, ORGANIC CINNAMON, ORGANIC LEMON JUICE CONCENTRATE, ASCORBIC ACID (VITAMIN C) TO PRESERVE FRESHNESS. CONTAINS: MILK.

Distributed by Nurture, LLC New York, NY 10038 U.S.A. 1-855-64-HAPPY Certified Organic by CCOF

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## ... OUR ... YUMMY RECIPE INCLUDES















#### OMEGA-3s (ALA)

from chia seeds help your toddler get the most out of every bite!

**TO SERVE:** Squeeze onto a spoon or serve directly from the pouch!

TO STORE: Keep in a cool, dark place Refrigerate after opening and serve

#### DO NOT MICROWAVE OR BOIL POUCH

CAUTION: Keep cap out of reach of children. If cap seal is broken or pouc







A llow 2mm clearance at the top of the pouch front and back for artwork separation



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