



## Nutrition Facts

1 serving per container  
Serving size 1 Waffle (36g)

Amount per serving  
**Calories** 150

% Daily Value\*

**Total Fat** 5g 7%

Saturated Fat 2.5g 12%

Trans Fat 0g

**Cholesterol** 10mg 4%

**Sodium** 60mg 3%

**Total Carbohydrate** 15g 6%

Dietary Fiber <1g 3%

Total Sugars 10g

Includes 9g Added Sugars 17%

**Protein** 10g 20%

Vitamin D 0mcg 0% Calcium 70mg 6%

Iron 1.4mg 8% Potas 90mg 0%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Fruit Filling (Concentrated Apple Juice, Glycerol, Invert Sugar, Concentrated Apple Purée, Sugar, Citric Acid, Natural Apple Flavor, Natural Cinnamon Flavor), Pea Protein, Whey Protein Concentrate, Casein, Whey Protein Isolate, Organic Sustainable Palm Oil, Organic Cane Sugar, Organic Liquid Whole Eggs, Soy Lecithin, Organic Honey, Dot Fiber, Sea Salt. Contains milk, egg, and soy. May contain wheat.

Manufactured for EN-R-G Foods, LLC dba Honey Stinger • Steamboat Springs, Colorado 80477, 1.866.464.6639 • Product of Canada, Certified organic by Ecocert Canada 91395

NATURALLY FLAVORED  
**APPLE CINNAMON**

**HONEY STINGER**

**HONEY STINGER**  
PROTEIN WAFFLE



PROTEIN

10g  
PROTEIN

PROTEIN WAFFLE  
WITH FRUIT FILLING

## Sweeten the Burn™

Made with organic honey and delicious ingredients, Honey Stinger provides the fuel you need to push harder and go farther.



### PROTEIN WAFFLE

A thin layer of fruit filling sandwiched between two thin waffles with added protein for recovery.

