



Nutrition Facts

1 serving per container
Serving size 1 Waffle (36g)

Amount per serving
Calories 150

% Daily Value*

Total Fat 5g	7%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 60mg	3%
Total Carbohydrate 15g	6%
Dietary Fiber <1g	3%
Total Sugars 10g	
Includes 9g Added Sugars	17%
Protein 10g	20%

Vitamin D 0mcg 0% · Calcium 70mg 6%
Iron 1.4mg 8% · Potas 90mg 0%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Fruit Filling (Concentrated Apple Juice, Glycerol, Invert Sugar, Concentrated Apple Purée, Sugar, Raspberry Purée, Concentrated Elderberry Juice For Color, Citric Acid, Natural Raspberry Flavor), Pea Protein, Whey Protein Concentrate, Casein, Whey Protein Isolate, Organic Sustainable Palm Oil, Organic Cane Sugar, Organic Liquid Whole Eggs, Soy Lecithin, Organic Honey, Oat Fiber, Sea Salt. Contains milk, egg, and soy. May contain wheat.

Manufactured for BH&G Foods, LLC dba Honey Stinger • Steamboat Springs, Colorado
B0477, 1.966.464.6639 • Product of Canada, Certified organic by Ecocert Canada 91395

NATURALLY FLAVORED
WILD BERRY

**HONEY
STINGER**

**HONEY
STINGER**
PROTEIN WAFFLE



PROTEIN

**10g
PROTEIN**

Sweeten the Burn™

Made with organic honey and delicious ingredients, Honey Stinger provides the fuel you need to push harder and go farther.



PROTEIN WAFFLE

A thin layer of fruit filling sandwiched between two thin waffles with added protein for recovery.



NET WT. 1.3 OZ (36 G)

**PROTEIN WAFFLE
WITH FRUIT FILLING**

