PRODUCT SUMMARY

Product Name: Neat Southwest Mix

Presentation(s): 5.5 oz. pouch 6 pouches/case Product UPC: 8 45561 00126 0

Product Description: A healthy replacement for ground beef made with pecans, sweet potato and black beans with the spice of ancho chili peppers so you feel the sweet and the heat! This is a shelf-stable, dry mix product. Serve in place of ground beef for burgers, stuffed peppers, pizza topping and more.

Each pouch produces the equivalent of 1 pound of ground beef. Since it already contains the vegan neat egg in the mix, all you need to do is add water and mix well. It's that simple!

To make burgers, form neat into burger patties (add veggies if you'd like) and cook in a non-stick skillet for approximately 3 minutes on each side. To make "neatballs", form into balls and bake in the oven at 350 degrees Fahrenheit for 15-18 minutes. The possibilities are endless!

- Kosher / Vegan / Vegetarian
- Non-GMO project verified
- Soy-free and gluten-free
- 4 servings per container
- Great for camping! No refrigeration required

Intended Population and Use: Intended for general population. Use for ground beef replacement.

Product Specs:

INGREDIENTS: PECANS, SWEET POTATO, BLACK BEANS, NEAT EGG (CHIA SEEDS, GARBANZO BEANS), COCONUT SUGAR, SPICES, ONION, GARLIC, SEA SALT, ANCHO CHILI PEPPERS.

Storage: Dry storage.

Shelf life: 14 Months. Shelf stable.

Allergen Information: Contains TREENUTS (COCONUT, PECANS)

Nutrition Facts

Serving Size 1/3 cup (39g)
Serving Per Container 4

Amount Per Serving	
Calories 200	Calories from Fat 120
	% Daily Value*
Total Fat 13g	**20%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 240mg	**10%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 5g	**20%**
Sugars 3g	
Protein 5g	

Vitamin A 20% • Vitamin C 4%
Calcium 4% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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PRODUCT SUMMARY

Product Name: **neat Egg**

Presentation: 4.5 oz (127.25g) Pouch, 6 pouches/case (Servings: 18) Product UPC: 8 61620 00009 8

Product Description: An easy-to-mix, all-natural egg replacement derived from chia seeds and garbanzo beans. 2 ingredients, that's it! The neat egg is the perfect baking companion where the egg is a binder. Enjoy all your favorite baking recipes such as cakes, brownies, cookies, muffins and so much more, with a healthy egg alternative. This is a shelf stable, dry mix product.

- Kosher / Vegan
- Non-GMO project verified
- All-natural, 100% vegan egg replacement
- Equivalent of 18 eggs
- Simple ingredients that are soy free and gluten free
- Free of cholesterol

Intended Population and Use: intended for general population

Product Specs:
INGREDIENTS: Chia Seeds, Garbanzo Beans.
CONTAINS Non-GMO Ingredients, NO TRANS FAT, NO CHOLESTEROL, NO ARTIFICIAL PRESERVATIVES

Storage: Dry storage.
Shelf life: **18** months. Shelf stable.

Allergen Information: No Allergen present

Customer preparation: Mix with water as indicated.

Nutrition Facts
Serving Size 1 Tbsp (7g)
Serving Per Container 18

Amount Per Serving	
Calories 25	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 4g	**1%**
Dietary Fiber 2g	**8%**
Sugars 0g	
Protein 2g	
Vitamin A 0% •	Vitamin C 0%
Calcium 2% •	Iron 2%

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PRODUCT SUMMARY

Product Name: Neat Italian Mix

Presentation(s): 5.5 oz. pouch 6 pouches/case Product UPC: 8 61620 00001 2

Product Description: A healthy replacement for ground beef derived from pecans, garbanzo beans and spices. This is a shelf stable, dry mix product. Serve in place of ground beef for meatballs, lasagna, pasta sauces and more. Each pouch produces the equivalent of 1 lb. of ground beef and now includes the neat egg in the mix. Brown like ground beef over medium heat for 7-9 minutes.

- Kosher / Vegan / Vegetarian
- Non-GMO project verified
- Soy free and gluten free
- Sustainable, plant-based ground beef alternative
- Excellent source of plant protein
- Provides the protein of meat with 60% less saturated fat

Intended Population and Use: Intended for general population. Use for ground beef replacement.

Product Specs:

INGREDIENTS: PECANS, GARBANZO BEANS, GLUTEN-FREE WHOLE GRAIN OATS, NEAT EGG (CHIA SEEDS, GARBANZO BEANS), SPICES, ONION, GARLIC, SEA SALT, PARSLEY.

Storage: Dry storage.

Shelf life: 14 Months. Shelf stable.

Allergen Information: Contains TREENUTS (PECANS)

Nutrition Facts

4 servings per container
Serving size **1/4 cup (39g)**

Amount per serving	
Calories	**190**
	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 170mg	**7%**
Total Carbohydrate 18g	**7%**
Dietary Fiber 10g	**36%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Protein 7g	
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 3mg	15%
Potassium 321mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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PRODUCT SUMMARY

Product Name: **Neat Mexican Mix**

Presentation(s): 5.5 oz. pouch 6 pouches/case Product UPC: 8 61620 00002 9

Product Description: A healthy replacement for ground beef derived from pecans, garbanzo beans and spices. This is a shelf stable, dry mix product. Serve in place of ground beef for tacos, nachos, enchiladas and more. Each pouch produces the equivalent of 1 lb. of ground beef and now includes the neat egg in the mix. Brown like ground beef over medium heat for 7-9 minutes.

- Kosher / Vegan / Vegetarian
- Non-GMO project verified
- Soy free and gluten free
- Sustainable, plant-based ground beef alternative
- Excellent source of plant protein
- 100% vegan when prepared with a vegan egg (neat egg)
- Provides the protein of meat with 60% less saturated fat
- Free of cholesterol
- 4 Servings per container

Intended Population and Use: Intended for general population. Use for ground beef replacement.

Product Specs:

INGREDIENTS: PECANS, GARBANZO BEANS, WHITE BEANS, ORGANIC WHOLE GRAIN GLUTEN FREE CORNMEAL, SEAT SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, SILICON DIOXIDE, GARLIC) ONION POWDER, LESS THAN 2% SPICES.

Storage: Dry storage.

Shelf life: 14 Months. Shelf stable.

Allergen Information: Contains TREENUTS (PECANS)

Nutrition Facts

Serving Size (40g)
Serving Per Container 4

Amount Per Serving	
Calories 220	Calories from Fat 130
	% Daily Value*
Total Fat 15g	**23%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 240mg	**10%**
Total Carbohydrate 16g	**5%**
Dietary Fiber 5g	**20%**
Sugars 2g	
Protein 5g	

Vitamin A 10% • Vitamin C 0%
Calcium 4% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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Revised 02/09/18

PRODUCT SUMMARY

Product Name: **Neat Original Mix**

Presentation(s): 5.5 oz. pouch 6 pouches/case **Product UPC:** 8 61620 00000 5

Product Description: A healthy replacement for meat derived from pecans, garbanzo beans and spices. This is a shelf stable, dry mix product. Serve in place of ground beef for burgers, chili, sloppy joe and more

Intended Population and Use: Intended for general population. Use for ground beef replacement.

Product Specs:

INGREDIENTS: Pecans, Garbanzo Beans, Gluten-Free Whole Grain Oats, Organic Gluten-Free Whole Grain Cornmeal, Neat Egg (Chia Seeds, Garbanzo Beans),
Spices, Onion, Garlic, Sea Salt.

***Made with Non-GMO Ingredients, Soy free, Gluten free, Cholesterol free, 100% vegan**

Storage: Dry storage.

Shelf life: 14 Months. Shelf stable.

Allergen Information:

CONTAINS TREE NUTS (PECANS)

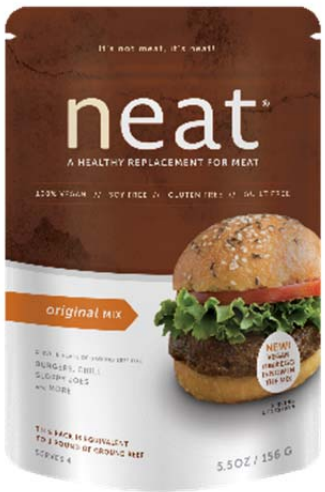
Nutrition Facts

Serving Size 1/3 cup (39g)
Servings Per Container 4

Amount Per Serving	
Calories 190	Calories from Fat 110
	% Daily Value*
Total Fat 13g	20%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 5g	20%
Sugars 2g	
Protein 6g	
Vitamin A 8%	• Vitamin C 2%
Calcium 4%	• Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



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