



August 20, 2021

RE: GLUTEN FREE

To Whom It May Concern:

This document is written to address the gluten-free nature of the products manufactured by Grand Brands, Incorporated dba True Citrus Company.

Gluten is part of the protein found in certain grains. It is comprised of gliadin and glutenin and is present in wheat, barley and rye, as well as other grains derived from these grains, including triticale, spelt, kamut, mir, farina (also known as *far* or *farro*). Products and ingredients made from these grains, such as flours and starches, also contain gluten.

Certain people cannot properly digest and metabolize gluten due to a genetic condition called *celiac disease*. The gliadin component of gluten is problematic for these individuals. In the United States, an estimated 3 million people (about 0.8% of the population) are affected. It is recommended that those individuals who are diagnosed with celiac disease follow a gluten-free, gliadin-free diet for life.

We understand how important it is for people who have been medically diagnosed with gluten sensitivity to have accurate and specific information about foods to help them make informed choices and plan their meals and snacks.

Although our products are not certified Gluten Free, and we do not test each product or lot for gluten levels, our products will typically test at less than 20ppm of gluten which is, by FDA definitions, gluten-free.

If you have any questions or need anything further, please feel free to contact me.

Sincerely,
Rich Soper
Quality Assurance Director
Rich.soper@truecitrus.com